

**WORKER'S COMP PATIENT REGISTRATION**



**William W. Winternitz Jr., M.D., Inc.**

*Pomeroado Orthopedic Specialists*

Orthopedic Surgery and Joint Replacement  
Fellowship Trained, Board Certified in Sports Medicine

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Patient \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Social Security Number \_\_\_\_\_ Email Address \_\_\_\_\_

Male ( ) Female ( ) Referred By: \_\_\_\_\_

Marital Status: ( ) Single ( ) Married ( ) Widowed ( ) Separated ( ) Divorced

**EMERGENCY CONTACT**

Name \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Employer \_\_\_\_\_ Business Phone ( ) \_\_\_\_\_

Employer's Address \_\_\_\_\_

Type of Injury \_\_\_\_\_ Date of Injury \_\_\_\_\_ Claim # \_\_\_\_\_

Adjuster's Name \_\_\_\_\_ Adjuster's Phone # \_\_\_\_\_

**CONSENT FOR TREATMENT/ RELEASE OF INFORMATION**

I grant consent to Dr. Winternitz to administer medical treatment and perform medical procedures as deemed necessary. I authorize the release of medical information to my insurer, or the agents to process my payment for services. To the best of my knowledge, all the information above is true and correct. **ASSIGNMENT OF BENEFITS:** I hereby assign all benefits payable by my insurance company to William W. Winternitz Jr., M.D.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

WORKER'S COMP  
COMPREHENSIVE NEW PATIENT HEALTH INFORMATION

DATE \_\_\_\_\_

Name: \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Side of Injury: Right \_\_\_\_\_ Left \_\_\_\_\_ Dominant Hand R L BP \_\_\_\_\_ P \_\_\_\_\_

Family Physician \_\_\_\_\_ Referring Physician \_\_\_\_\_

Reason For Visit/What Bothers You Now? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date of Injury or Duration of Symptoms: \_\_\_\_\_

How did The Injury Occur? \_\_\_\_\_  
\_\_\_\_\_

What Makes Your Pain Worse? \_\_\_\_\_  
\_\_\_\_\_

What Makes Your Pain Better? \_\_\_\_\_  
\_\_\_\_\_

Pain Scale: 1 2 3 4 5 6 7 8 9 10  
Least Moderate Severe

What Treatment Have You Had For Your Injury? \_\_\_\_\_  
\_\_\_\_\_

Who Were Your Treating Doctors? \_\_\_\_\_  
\_\_\_\_\_

Any prior history of injury to the affected area? Yes No

Work Related? Yes No

Have you ever received a Settlement? Yes No If so, Date \_\_\_\_\_ and Amount \$ \_\_\_\_\_

Any prior studies performed? X-rays MRI CT scan Bone Scan EMG/NCV testing



Name: \_\_\_\_\_

Date: \_\_\_\_\_

**ALLERGIES:**

\_\_\_ Check here if none

Foods \_\_\_\_\_

\_\_\_ Dust

\_\_\_ Pollen

\_\_\_ Cats

\_\_\_ Dogs

\_\_\_ Latex

\_\_\_ Iodine

\_\_\_ Adhesive Tape

Medicines: \_\_\_ Penicillin \_\_\_ Sulfa

other: \_\_\_\_\_

**SOCIAL HISTORY:**

Occupation: \_\_\_\_\_ full time \_\_\_\_\_ part time \_\_\_\_\_

Education \_\_\_\_\_ grade \_\_\_\_\_ high school \_\_\_\_\_ college \_\_\_\_\_ post graduate

\_\_\_ Single \_\_\_ married \_\_\_ committed \_\_\_ divorced other \_\_\_\_\_

CHILDREN \_\_\_ none \_\_\_ number

TOBACCO \_\_\_ never \_\_\_ stopped \_\_\_\_\_ year currently smoking \_\_\_ packs per day times \_\_\_\_\_ years

ALCOHOL \_\_\_ none \_\_\_ few per month \_\_\_ 1/week \_\_\_ few per week \_\_\_ daily

DRUG USE \_\_\_ none other \_\_\_\_\_

EXERCISE \_\_\_ none \_\_\_ 1/month \_\_\_ few times per week \_\_\_ daily

**ADAPTIVE DEVICES:**

\_\_\_ check here if none

\_\_\_ foot support / orthotic \_\_\_ ankle brace / AFO \_\_\_ corset \_\_\_ spine brace other \_\_\_\_\_

\_\_\_ crutches \_\_\_ walker \_\_\_ wheel chair other \_\_\_\_\_

**FAMILY HISTORY:**

Mother \_\_\_ alive \_\_\_ deceased cause \_\_\_\_\_

Father \_\_\_ alive \_\_\_ deceased cause \_\_\_\_\_

Number of sibling's \_\_\_\_\_

Family Medical Problems \_\_\_ diabetes \_\_\_ heart disease \_\_\_ cancer \_\_\_ spine problems

other \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**REVIEW OF SYSTEMS:**

How would you rate your health: \_\_\_excellent \_\_\_good \_\_\_ fair \_\_\_poor

***Do you have any of the following symptoms? Circle If (Yes).***

\_\_\_NONE      ***Constitutional:***      fever    weight loss    tiredness

\_\_\_NONE      ***Eyes:***      glasses      blurred vision      double vision

\_\_\_NONE      ***ENT:***    deafness      sinus infection    ringing    hoarseness      dizziness      difficulty swallowing

\_\_\_NONE      ***Heart:***      chest pain      irregular heart beat      pounding in chest

\_\_\_NONE      ***Lungs:***      shortness of breath      wheezing      cough    cough up blood

\_\_\_NONE      ***Abdomen:***      loss of appetite      diarrhea      constipation      abdominal pain

Blood in stool      black bowel movements

\_\_\_NONE      ***Urinary:***      burning      loss of urine      difficulty voiding      infections      blood in urine

\_\_\_NONE      ***Musculoskeletal:***      sprains      swelling      arthritis      stiffness

\_\_\_NONE      ***Skin/Breast:***      rash      skin ulcers      sores      lumps      birthmarks      masses

\_\_\_NONE      ***Neurologic:***      balance problems      memory problems

\_\_\_NONE      ***Behavioral:***    depression      anxiety      sleep disturbance      hallucinations      claustrophobia

\_\_\_NONE      ***Endocrine:***      hair growth/loss      crave fluids/food      hyperactive      sleep all the time

**Work Status:**

Are you currently working? (Circle one) **Yes** **No** Are you working Regular duties or Modified duty

Are you working for the same employer or different? \_\_\_\_\_

Have you missed time from work due to your injury? (Circle) **Yes** **No**

If YES when was your first day off? \_\_\_\_\_ When did you return to work? \_\_\_\_\_

When was the last day you worked full duty \_\_\_\_\_ Modified duty? \_\_\_\_\_

Are you currently involved in Vocational Rehabilitation? If so where and by whom?

\_\_\_\_\_

**Job Description**

Instructions: Please complete this form to the best of your ability at the time of your injury.

Employer \_\_\_\_\_ New Job \_\_\_\_\_  
Exact Job title \_\_\_\_\_  
Date of Hire \_\_\_\_\_  
Work Hours \_\_\_\_\_

Number of days per week \_\_\_\_\_

Did you have any work restrictions when you were hired? \_\_\_\_\_

If yes, Specify \_\_\_\_\_

What is your job description:

\_\_\_\_\_  
\_\_\_\_\_

**On and 8 hour workday how many hours a day do you do the following? (Circle number of hours for each activity)**

A. Sitting	1	2	3	4	5	6	7	8
B. Standing	1	2	3	4	5	6	7	8
C. Walking	1	2	3	4	5	6	7	8

Occasionally- 0%to 33%                      Frequently- 34% to 66%                      Continuously- 67% to 100%

**You are required to lift and carry:**      Never                      Occasionally                      Frequently                      Constantly

A. Up to 10 pounds	_____	_____	_____	_____
B. 11 to 20 pounds	_____	_____	_____	_____
C. 21 to 50 pounds	_____	_____	_____	_____
D. 51 to 100 pounds	_____	_____	_____	_____

What is the heaviest object that you lift on your workday? \_\_\_\_\_ How much does it weigh? \_\_\_\_\_ lbs.

You are required to use your hands for repetitive motions, such as:

	<u>Fine manipulation</u>	<u>Simple grasping</u>	<u>Pushing/Pulling</u>
A. Right Hand	Yes ___ No ___	Yes ___ No ___	Yes ___ No ___
B. Left Hand	Yes ___ No ___	Yes ___ No ___	Yes ___ No ___

You are required to use your feet for repetitive use:

A. Right foot	Yes ___	No ___
B. Left foot	Yes ___	No ___

You are required to do the following:

	<u>Never</u>	<u>Occasionally</u>	<u>Frequently</u>	<u>Constantly</u>
A. Bending	_____	_____	_____	_____
B. Squatting	_____	_____	_____	_____
C. Crawling	_____	_____	_____	_____
D. Kneeling	_____	_____	_____	_____
E. Climbing	_____	_____	_____	_____
F. Walking on uneven ground	_____	_____	_____	_____
G. Walking above ground	_____	_____	_____	_____
H. Reach above shoulder level	_____	_____	_____	_____
I. Reaching at shoulder level	_____	_____	_____	_____
J. Reach below shoulder level	_____	_____	_____	_____

Please list any types of machinery used on your job or vehicles driven:

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Please list the names, locations, and positions of prior employers in last 10 years:

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# Örebro Musculoskeletal Pain Questionnaire (ÖMPQ)

Linton and Boersma 2003<sup>1</sup>

1. Name \_\_\_\_\_ Phone \_\_\_\_\_ Date \_\_\_\_\_
2. Date of Injury \_\_\_\_\_ Date of birth \_\_\_\_\_
3. Male  Female

These questions and statements apply if you have aches or pains, such as back, shoulder or neck pain. Please read and answer questions carefully. Do not take long to answer the questions, however it is important that you answer every question. There is **always** a response for your particular situation.

<p>5. Where do you have pain? Place a tick (✓) for all appropriate sites.</p> <p><input type="checkbox"/> Neck      <input type="checkbox"/> Shoulder      <input type="checkbox"/> Arm      <input type="checkbox"/> Upper Back</p> <p><input type="checkbox"/> Lower Back      <input type="checkbox"/> Leg      <input type="checkbox"/> Other (state)</p>	<p>2x (max 10)</p>
<p>6. How many days of work have you missed because of pain during the past 18 months? Tick (✓) one.</p> <p><input type="checkbox"/> 0 days (1)      <input type="checkbox"/> 1-2 days (2)      <input type="checkbox"/> 3-7 days (3)      <input type="checkbox"/> 8-14 days (4)</p> <p><input type="checkbox"/> 15-30 days (5)      <input type="checkbox"/> 1 month (6)      <input type="checkbox"/> 2 months (7)      <input type="checkbox"/> 3-6 months (8)</p> <p><input type="checkbox"/> 6-12 months (9)      <input type="checkbox"/> over 1 year (10)</p>	
<p>7. How long have you had your current pain problem? Tick (✓) one.</p> <p><input type="checkbox"/> 0-1 week (1)      <input type="checkbox"/> 1-2 weeks (2)      <input type="checkbox"/> 3-4 weeks (3)      <input type="checkbox"/> 4-5 weeks (4)</p> <p><input type="checkbox"/> 6-8 weeks (5)      <input type="checkbox"/> 9-11 weeks (6)      <input type="checkbox"/> 3-6 months (7)      <input type="checkbox"/> 6-9 months (8)</p> <p><input type="checkbox"/> 9-12 months (9)      <input type="checkbox"/> over 1 year (10)</p>	
<p>8. Is your work heavy or monotonous? Circle the best alternative.</p> <p>0      1      2      3      4      5      6      7      8      9      10</p> <p>Not at all      <span style="float: right;">Extremely</span></p>	
<p>9. How would you rate the pain that you have had during the past week? Circle one.</p> <p>0      1      2      3      4      5      6      7      8      9      10</p> <p>No pain      <span style="float: right;">Pain as bad as it could be</span></p>	

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<sup>1</sup> Linton SJ, Boersma K. Early identification of patients at risk of developing a persistent back problem: the predictive validity of the Örebro Musculoskeletal Pain Questionnaire. Clin J Pain 2003;19: 80-86.



<p>10. In the past three months, on average, how bad was your pain on a 0-10 scale? Circle one.</p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>No pain <span style="float: right;">Pain as bad as it could be</span></p>	
<p>11. How often would you say that you have experience pain episodes, on average, during the past three months? Circle one.</p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Never <span style="float: right;">Always</span></p>	
<p>12. Based on all things you do to cope, or deal with your pain, on an average day, how much are you able to decrease it? Circle the appropriate number.</p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Can't decrease it at all <span style="float: right;">Can decrease it completely</span></p>	10 - x
<p>13. How tense or anxious have you felt in the past week? Circle one.</p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Absolutely clam and relaxed <span style="float: right;">As tense and anxious as I've ever felt</span></p>	
<p>14. How much have you been bothered by feeling depressed in the past week? Circle one.</p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Not at all <span style="float: right;">Extremely</span></p>	
<p>15. In your view, how large is the risk that your current pain may become persistent? Circle one.</p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>No risk <span style="float: right;">Very large risk</span></p>	
<p>16. In your estimation, what are the chances that you will be able to work in six months? Circle one.</p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>No chance <span style="float: right;">Very large chance</span></p>	10 - x
<p>17. If you take into consideration your work routines, management, salary, promotion possibilities and work mates, how satisfied are you with your job? Circle one.</p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Not satisfied at all <span style="float: right;">Completely satisfied</span></p>	10 - x

<p>Here are some of the things that other people have told us about their pain. For each statement, circle one number from 0 to 10 to say how much physical activities, such as bending, lifting, walking or driving, would affect your pain.</p>		
<p><b>18. Physical activity makes my pain worse.</b></p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Completely disagree <span style="float: right;">Completely agree</span></p>		
<p><b>19. An increase in pain is an indication that I should stop what I'm doing until the pain decreases.</b></p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Completely disagree <span style="float: right;">Completely agree</span></p>		
<p><b>20. I should not do my normal work with my present pain.</b></p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Completely disagree <span style="float: right;">Completely agree</span></p>		
<p>Here is a list of five activities. Circle the one number that best describes your current ability to participate in each of these activities.</p>		
<p><b>21. I can do light work for an hour.</b></p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Can't do it because of pain problem <span style="float: right;">Can do it without pain being a problem</span></p>		10 - x
<p><b>22. I can walk for an hour.</b></p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Can't do it because of pain problem <span style="float: right;">Can do it without pain being a problem</span></p>		10 - x
<p><b>23. I can do ordinary household chores.</b></p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Can't do it because of pain problem <span style="float: right;">Can do it without pain being a problem</span></p>		10 - x
<p><b>24. I can do the weekly shopping.</b></p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Can't do it because of pain problem <span style="float: right;">Can do it without pain being a problem</span></p>		10 - x
<p><b>25. I can sleep at night.</b></p> <p>0    1    2    3    4    5    6    7    8    9    10</p> <p>Can't do it because of pain problem <span style="float: right;">Can do it without pain being a problem</span></p>		10 - x

# ACTIVITIES OF DAILY LIVING (ADL'S)

(Patient: Please answer each question once with an X in the appropriate column. Note that these questions should be answered as they pertain to your activities of daily living based on your current injury. If the activity does not apply to you please answer N/A)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Are you able to:	Yes	No	N/A	If NO please explain
1. Dress yourself including shoes				
2. Wash and dry yourself				
3. Take a bath				
4. Get on and off the toilet				
5. Cut your food				
6. Lift a full cup to your mouth				
7. Make a meal				
8. Write a note				
9. Type a message on a computer				
10. Use a telephone				
11. Work outdoors on flat ground				
12. Climb up 1 flight of stairs (10 steps)				
13. Stand				
14. Sit				
15. Recline				
16. Rise from a chair				
17. Run errands				
18. Light housework				
19. Feel what you touch				
20. Open car doors				
21. Turn faucets on and off				
22. Get in and out of a car				
23. Sleep				
24. Engage in sexual activity				

(rev 1-2013)

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Provider Initials \_\_\_\_\_ Date \_\_\_\_\_